



www.itrekeverest.com

Location	Altitude (feet)	Range	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Kathmandu	4593	Low	38	42	48	55	61	67	69	68	65	57	47	40
		High	65	71	77	83	84	84	83	84	82	79	73	67
Lukla	9383	Low	15	16	21	29	36	44	47	46	42	33	27	22
		High	34	35	39	46	50	54	54	54	52	46	42	38
Namche	11286	Low	10	11	16	23	31	39	42	42	38	28	22	18
		High	28	28	33	40	44	49	50	50	47	41	37	33
Tengboche	12664	Low	7	8	12	21	28	37	40	40	35	25	18	14
		High	24	25	30	37	42	47	47	47	45	39	35	31
Lobuche	16210	Low	3	3	8	16	24	33	36	36	32	21	14	10
		High	20	20	25	33	39	44	44	44	42	35	31	27
Everest BC	17598	Low	-3	-2	4	12	24	33	37	37	33	21	9	4
		High	21	22	27	33	43	51	52	51	48	39	31	26
Kala Patthar	18519	Low	-4	-5	1	10	22	30	35	34	31	19	6	2
		High	19	19	24	30	40	48	50	49	46	36	28	24
Island Peak	20305	Low	-13	-14	-8	1	13	21	26	25	22	10	-3	-7
		High	10	10	15	21	31	39	41	40	37	27	19	15
Everest Summit	29029	Low	-42	-43	-37	-28	-16	-8	-3	-4	-7	-19	-32	-36
		High	-20	-19	-14	-8	2	10	12	11	8	-2	-10	-15

(average highs/lows in Fahrenheit)